Monday 8th June

Dear Year 6,

We hope you and your families are keeping well and have had a good week.

Here are the activities for this week for you to follow and complete. We've attached the reading challenge again in case you didn't get the chance to start it last week. There are lots of books that you can read or listen to online for free. Two websites we would recommend are:

https://readon.myon.co.uk/

https://stories.audible.com/start-listen

Try to read for at least 20 minutes a day and take Accelerated Reader quizzes from home by using this link Howley Grange Renaissance at home and logging on as usual using your username and password. To check that the book you are reading has a quiz, you can check it using on Accelerated Reader Bookfinder. It's okay to read books which haven't got a quiz - just keep a record of what you have read.

We've also included the Active June Challenge, just in case you haven't started that yet!

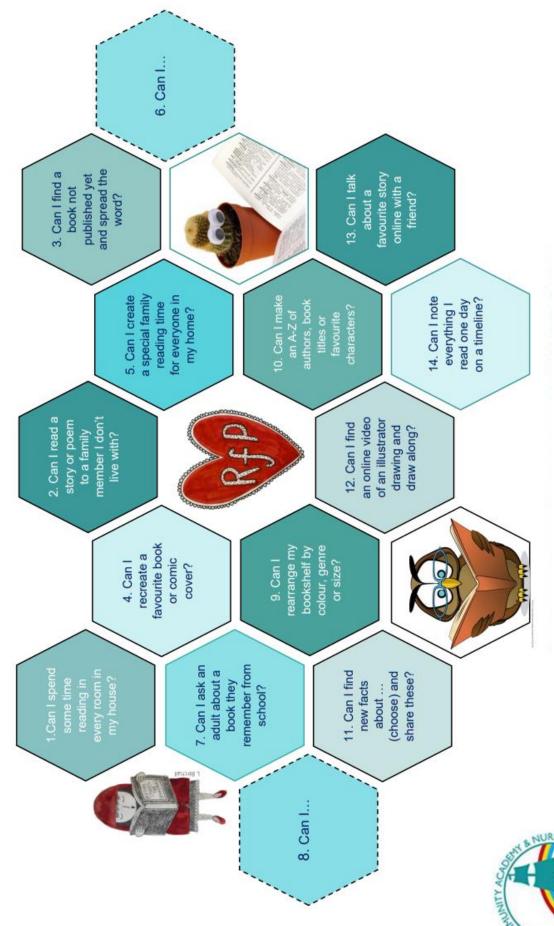
As always, remember to take time to relax, exercise and be kind to yourselves and each other.

Take care and keep smiling,

Mrs Graham and Mrs North

Sharing the Love of Reading: 9-11-year olds





PE - Active June Challenge

Challenge yourself and as many family members as you can to complete the Active June Challenge. There is an activity to do every day - at Bronze, Silver or Gold level - you choose!!!!

There as an A4 copy on the next slide if you want to print it out.

Who will complete ALL of the challenges???

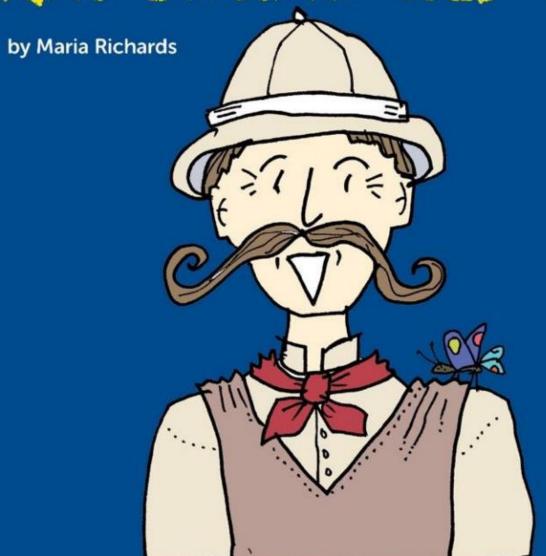
Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
Do some sit ups:	Do some star	Practise balancing	Practise balancing	Have a jog around:	Create your own	Teach the people at
Bronze: 10 sit ups	jumps:	on right leg:	on left leg:	Bronze: 5 minutes	throwing and	home your game
Silver: 20 sit ups	Bronze: 20 times	Bronze: I minute	Bronze: I minute	Silver: 10 minutes	catching game!	and see who scores
Gold: 40 sit ups	Silver: 30 times	Silver: 2 minutes	Silver: 2 minutes	Gold: 15 minutes		the most points!
	Gold: 50 times	Gold: 3 minutes	Gold: 3 minutes			
8	9	10	H	12	13	14
Do some burpees:	Try and do some	Carefully try and do	See how many tuck	Push ups!	Use a pack of cards	Compete against
Bronze: 10 burpees	mountain	a plank:	jumps you can do in	Bronze: 10 push ups	and create a game	someone at home
Silver: 15 burpees	climbers:	Bronze: 30 seconds	a row:	Silver: 15 push ups	involving different	to see who can
Gold: 20+ burpees	Bronze: 10 times	Silver: 45 seconds	Bronze: 10 jumps	Gold: 20+ push ups	exercises and the	complete more
	Silver: 20 times	Gold: 60+ seconds	Silver: 20 jumps		different suits!	exercises in a given
	Gold: 30+ times		Gold: 30 jumps			time.
15	16	17	18	19	15	16
Try and do some	Do some lunges on	Do a wall sit -	Squat – count how	High knees – Keep	Challenge yourself to	Practise those yoga
crunches:	both legs:	remember, stay still:	many squats you can	going without	learning some	skills your learned
Bronze: 10 crunches	Bronze: 10 each leg	Bronze: 20 seconds	safely do in a minute:	stopping	new yoga posts –	and see if you can
Silver: 20 crunches	Silver: 20 each leg	Silver: 30 seconds	Bronze: 10 squats	Bronze: 30 seconds	watch a Youtube	balance for longer
Gold: 30 crunches	Gold: 30 each leg	Gold: 60 seconds	Silver: 15 squats	Silver: 50 seconds	video to help.	than you did
			Gold: 20+ squats	Gold: I+ minute		yesterday.
22	23	24	25	26	27	28
Try doing some	Do some shuttle	Hop on the spot:	Hopscotch until	Try safely to do	Go outside and be	Use your outdoor
scissor kicks:	runs:	Bronze: 10 each leg	you need to stop	some jump squats	active with someone	time to jump over
Bronze: 30 seconds	Bronze: 15 runs	Silver: 25 each leg	Bronze: 30 seconds	in a minute:	from your house.	things, balance
Silver: 45 seconds	Silver: 30 runs	Gold: 50 each leg	Silver: 45 seconds	Bronze: 10 squats	Go for a run or a	along things and
Gold: 60+ seconds	Gold: 50 runs		Gold: 2 minutes	Silver: 15 squats	walk!	move in different
				Gold: 20+ squats		ways.
29	30		Let's	get active in	June!	
Try hurdling over	Step jumps – find a	True cons				rea with!
something (or just	step and jump up and				e people you	
jumping!):	down on it safely:	Challenge '	yourself to ge	et as many br	onze/silver/g	olds as you
Bronze: I minute	Bronze: 10 times				our achiever	
Silver: 3 minutes	Silver: 20 times		•			
Gold: 5 minutes	Gold 40+ times	Remen	nber it is impo	ortant to stay	active and h	ealthy!

Active June!

Sunday		Teach the people at	home your game	and see who scores	the most points!		_	Compete against	someone at home	to see who can	complete more	exercises in a given time.		Practise those yoga	skills your learned	and see if you can	balance for longer	than you did	yesterday.		Use your outdoor	time to jump over	things, balance	along things and	move in different	ways.		e with!	ds as you		ents:	ılthy!
Saturday	6 7	Create your own	throwing and ho	catching game! ar			13 14	Use a pack of cards	and create a game so	involving different to	exercises and the	different suits! e>	15	Challenge yourself to Pr	learning some sk	new yoga posts – ar	watch a Youtube b;	video to help. th	ye	27 28	Go outside and be U	active with someone tir	from your house. th	Go for a run or a	walk	W	Junel	Try each of these activities with the people you're with!	Challenge vourself to get as many bronze/silver/golds as you		keep irack ana celebrate your acnievements!	Remember it is important to stay active and healthy!
Friday	5	Have a jog around:	Bronze: 5 minutes	Silver: 10 minutes	Gold: 15 minutes		12	Push ups!	Bronze: 10 push ups	Silver: 15 push ups	Gold: 20+ push ups		61	High knees – Keep	going without	stopping	Bronze: 30 seconds	Silver: 50 seconds	Gold: I+ minute	26	Try safely to do	some jump squats	in a minute:	Bronze: 10 squats	Silver: 15 squats	Gold: 20+ squats	Let's get active in June!	ivities with th	t as many bro		a celebrate y	rtant to stay
Thursday	4	Practise balancing	on left leg:	Bronze: I minute	Silver: 2 minutes	Gold: 3 minutes	=	See how many tuck	jumps you can do in	a row:	Bronze: 10 jumps	Silver: 20 jumps Gold: 30 jumps	81	Squat - count how	many squats you can	safely do in a minute:	Bronze: 10 squats	Silver: 15 squats	Gold: 20+ squats	25	Hopscotch until	you need to stop	Bronze: 30 seconds	Silver: 45 seconds	Gold: 2 minutes		ret's	n of these act	vourself to de	200	еер тгаск ап	ber it is impo
Wednesday	3	Practise balancing	on right leg:	Bronze: I minute	Silver: 2 minutes	Gold: 3 minutes	01	Carefully try and do	a plank	Bronze: 30 seconds	Silver: 45 seconds	Gold: 60+ seconds	17	Do a wall sit -	remember, stay still:	Bronze: 20 seconds	Silver: 30 seconds	Gold: 60 seconds		24	Hop on the spot:	Bronze: 10 each leg	Silver: 25 each leg	Gold: 50 each leg				Try each	Challenge	2000	Can: K	Remen
Tuesday	2	Do some star	jumps:	Bronze: 20 times	Silver: 30 times	Gold: 50 times	6	Try and do some	mountain	climbers:	Bronze: 10 times	Silver: 20 times Gold: 30+ times	91	Do some lunges on	both legs:	Bronze: 10 each leg	Silver: 20 each leg	Gold: 30 each leg		23	Do some shuttle	runs:	Bronze: 15 runs	Silver: 30 runs	Gold: 50 runs		30	Step jumps – find a step and iump up and	down on it safely:	Bronze: 10 times	Silver: 20 times	Gold 40+ times
Monday	_	Do some sit ups:	Bronze: 10 sit ups	Silver: 20 sit ups	Gold: 40 sit ups		8	Do some burpees:	Bronze: 10 burpees	Silver: 15 burpees	Gold: 20+ burpees		15	Try and do some	crunches:	Bronze: 10 crunches	Silver: 20 crunches	Gold: 30 crunches		22	Try doing some	scissor kicks:	Bronze: 30 seconds	Silver: 45 seconds	Gold: 60+ seconds		29	Try hurdling over something (or just	jumping!):	Bronze: I minute	Silver: 3 minutes	Gold: 5 minutes

Meet the Rhi-swano-zeb-tah





Welcome to the Rhi-swano-zeb-tah workbook.



Inside youll find lots of things to work through that will help you with your reading and writing skills and build on the work you do at school.

Im your explorer and guide, so let's get on with our exciting adventure together!

Stimulus - Where the Wild Things Are

In 1963, Maurice Sendak wrote the picture book **Where the Wild Things Are**. Do you know it? In the story, Max, on the night he wore his wolf suit, went on a magical journey to the land of the Wild Things and became the king of these strange creatures. Eventually, he missed home and made the journey back to his bedroom, where it all began. It's a wonderful story – you can listen to it here and see the wonderful illustrations.

Follow this link to watch the video: https://cutt.ly/6yrU67Z

In the story, there are many strange creatures that have never been seen before. As an explorer, I discover strange creatures all the time on my travels around the world. I have become expert at looking very carefully for animals as some are very good at hiding.



Get Exploring!



Here s a new creature I managed to photograph on my travels to Africa last year. It is the extremely rare Rhiswanozebtah. It is believed to contain DNA from four different animals: rhinos, swans, zebras and cheetahs – which gives it its name.

Now you know it's a mix of

rhino plus

swan plus the

o of rhino plus the start of

zebra and the end of

cheetah,

you will be able to pronounce it easily!



Credit: created using graphics from Switchzoo.com

I have written a paper about it, using my research, to help you find out more about this wonderful animal. Read on and discover the world of the Rhiswanozebtah!

You can listen to an audio version of the text here https://soundcloud.com/talkforwriting/rhi-swano-zeb-tah/s-VRW2qbiXcMY

English Activity 1 - Reading Comprehension

Read the following text then complete the two activities.



The Rhiswanozebtah An information text by Ted Splorer

The Rhiswanozebtah is an extremely rare, flying creature from the subfamily Rhinofelinae.

Rhiswanozebtahs, although uncommon, are easy to identify, as they are a mixture of four distinct animals. They have the head of a rhino, the body of a swan and zebra and the tail of a cheetah. They have a wingspan of 2.8 metres and can grow to over 5 metres in length, which means they are the largest flying creatures since Pterodactyl dinosaurs. Additionally, their skin tends to be covered in feathers but as they get older, the zebra stripes become more prominent. Their tails are covered in fur and their heads are covered in leathery, grey skin. However, juveniles are born completely bald and develop their fur, feathers and colourings when they mature.

Most Rhiswanozebtahs are found across South Africa, although some have been known to inhabit the deepest rainforests of Venezuela. Amazingly, Rhiswanozebtahs like to burrow and therefore make their homes underground. They use their Rhino tusk to gouge the sun-baked soil and tunnel deep down, to create soil cocoons to sleep in. Some have been known to sleep in trees, but only the largest Kapok branches can support their enormous weight.

All Rhiswanozebtahs are carnivores and only eat meat. Interestingly, their favourite prey is the Springbok antelope, which they descend on from great heights and then wrestle to the ground. They have also been known to devour many smaller mammals such as African Wild Cats and aardvarks. Furthermore, many will guzzle gallons of water a day and sadly, these creatures can cause huge water shortages during the dry season.

As well as being the largest flying animal in the world, the Rhiswanozebtah is also the most talented. The majority can use their vocal cords to create the most beautiful morning chorus as the sun rises. This is with the exception of the young males. Their voices do not develop until they are 15 years old and some explorers have reported that their calls are high-pitched, squeaky and very unpleasant to listen to. In addition to this, and despite their size, all Rhiswanozebtahs are tremendously agile. They can stand on one leg for long stretches of time, roll and flip whilst running or flying and can balance on narrow branches and cliff edges when surveying for prey.

For many years, scientists have been secretly tracking the Rhiswanozebtahs in the wild and now know that there are only approximately 625 roaming the savannahs and nesting in rainforests. Amazingly, however, there have been rare sightings in other parts of the world, so just maybe, the Rhiswanozebtah will be spotted in a neighbourhood near you in the not-so-distant future.

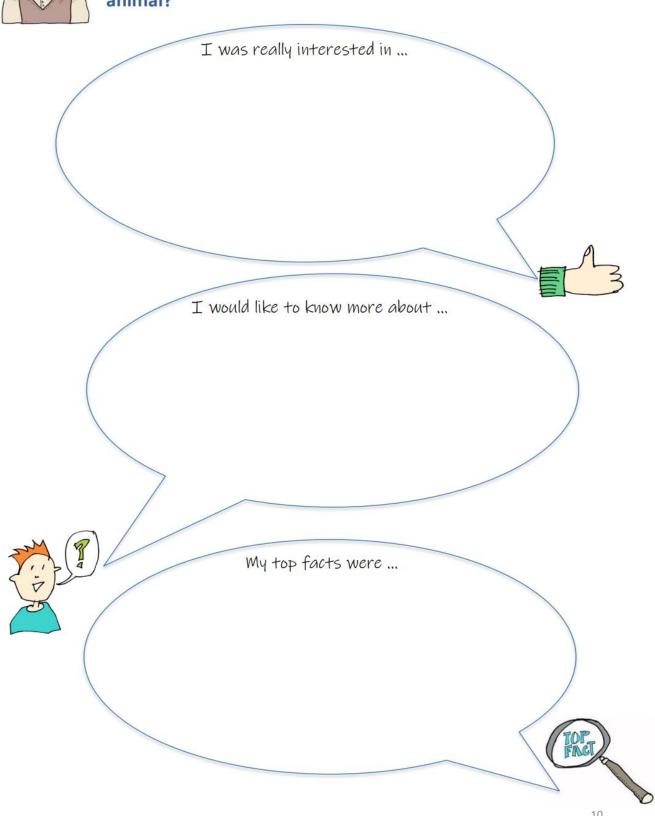
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English Activity 1a - Reading Comprehension



Interests, Questions and Favourites Now you have found out more Rhiswanozebtah, what are your thoughts about this animal?



English Activity 1b - Reading Comprehension

Let's Explore the Words!



Go back through the text and underline any words you don't know the meaning of. Can you find out? Ask an adult, use a dictionary or try using Google.

Complete the chart below with 10 of these words, its definition and a small illustration to remind you of what the word means.

Word	Definition	Illustration
agile	move quickly or easily	

Maths Activity 1a - ten in ten ©

2) 3612 ÷ 12 =

3) $5^3 =$

4) 45.6 - 12.05 =

5) 20% of 3400 =

6) $17.6 \times 8 =$

7) 13.451 × 1000 =

8) $\frac{1}{5} \div 8 =$

9) $25 \div (12 - 7) =$

10) 65% of 4000 =

You know the rule!

Ten minutes to answer ten questions ©

Challenge

- 11) How many seconds are there in 6 minutes?
- 12) How many hours are there in 5 days?
- 13) If n + 75 = 400, then n = ?
- 14) What is the size of **ONE** of the angles in an equilateral triangle?

15)
$$\frac{5}{7}$$
 of 6300 =

Maths Activity 1b - Interpreting Pie Charts

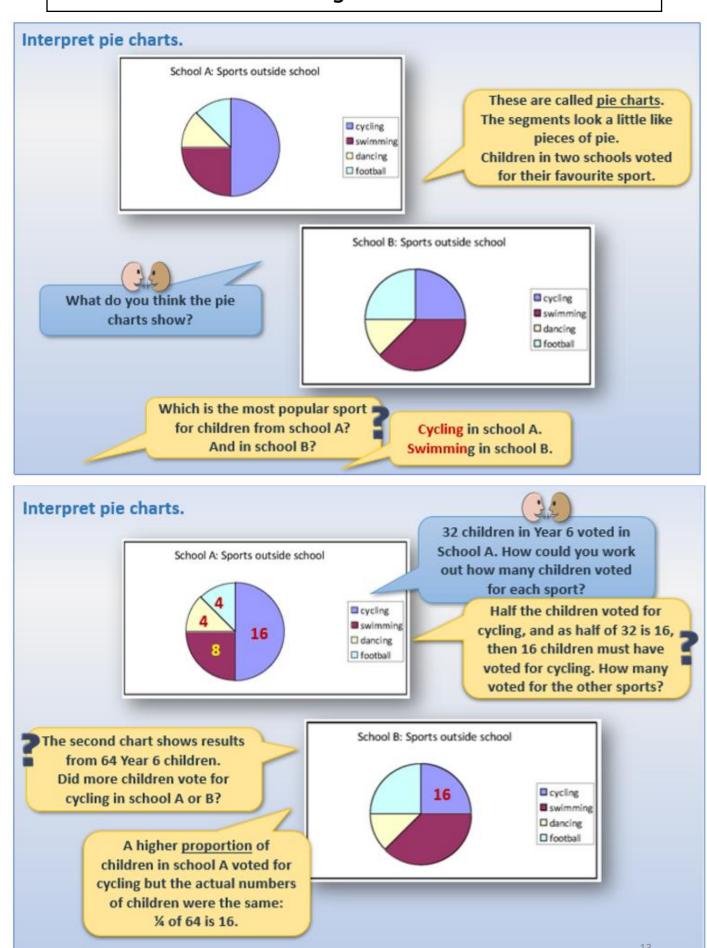
We have included Learning Reminders that will help you with answering today's questions.

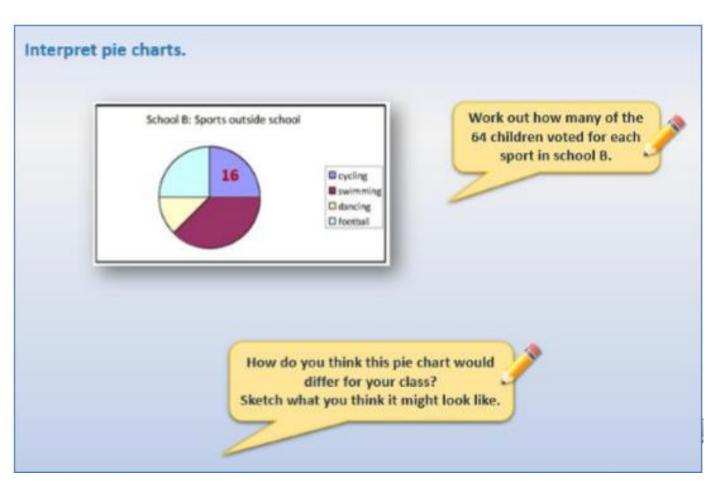
Don't forget that you can also use your Maths revision book to help you.

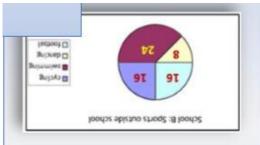
If you are still unsure of what to do, there is a 'Bit Stuck' activity to try that might help.

If you have access to the internet, you could watch the start of https://www.youtube.com/watch?v=SxSewF7E1-0 to help too. Please ask your parent's permission before watching.

Learning Reminder

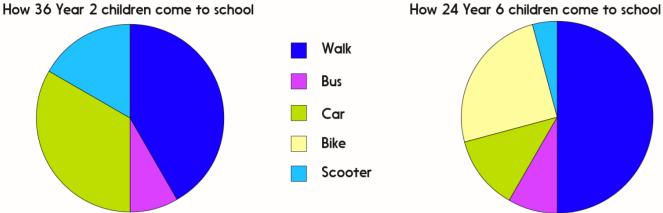






Maths Activity 1b ** and ***

Interpreting pie charts

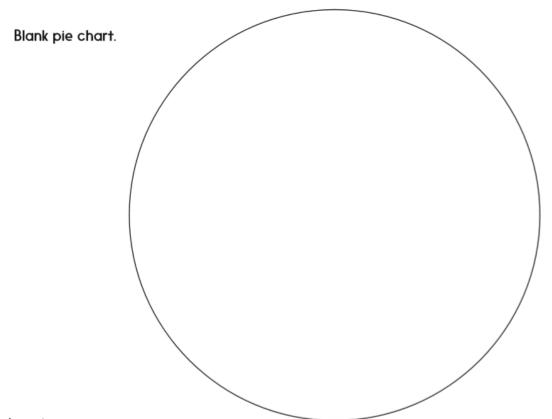


- 1. Which is the most common way to come to school for each age group?
- 2. One pie chart has 4 segments; the other has 5. Which segment is missing? Why do you think this might be?
- 3. Do you think more Year 2 children or more Year 6 children walk to school? Explain your answer.
- 4. Use the pie charts to estimate how many children use each method to get to school. Draw a table to show your answers.

Challenge

Hot: Have a go at this challenge!

This is how all 240 children come to school: 150 walk, 15 scooter, 30 bike, 30 car, 15 bus. Have a go at sketching a pie chart to represent this data.



A bit stuck - Interpreting pie charts

Things you will need:

- · 'How two classes of children come to school'
- 'Blank pie chart'



What to do:

- Look at the two pie charts on the 'How two classes of children come to school' sheet.
- Estimate how many children use each method to get to school.
- Draw a table to show your answers.

V			
0			
		Year 2	Year 6
	walk		
	bus		
0	car		
0			
0			
0			

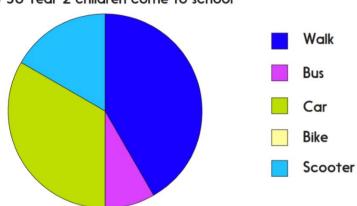
S-t-r-e-t-c-h:

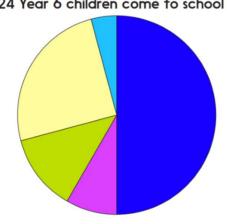
These are the fractions representing how all 160 children come to school: $\frac{3}{8}$ walk, $\frac{1}{4}$ scooter, $\frac{1}{4}$ bike, $\frac{1}{8}$ car.

- 1. Have a go at sketching a pie chart on the 'blank pie chart' to represent this data. Think carefully about the proportions (fractions) involved...
- 2. How many children are represented by each segment?

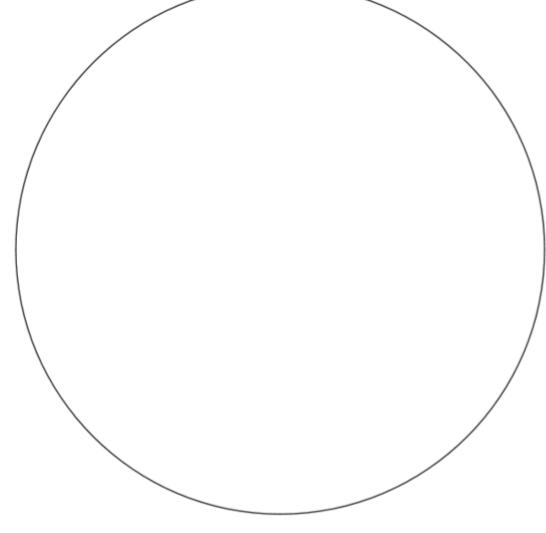
How 36 Year 2 children come to school

How 24 Year 6 children come to school





Blank pie chart.



Maths Activity 1c - Check your understanding

Match each data set (i to v) to the best way of displaying it (a to c).

- a. Line graph
- b. Bar chart
- c. Pie chart

Match each data set below to a way of displaying it (above).

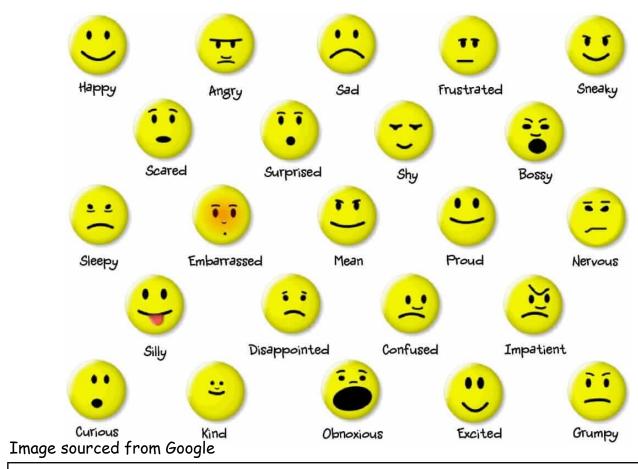
- (i) Favourite songs chosen by Y6 from a list of 8 songs
- (ii) Converting pints to litres
- (iii) Hours of homework done each week by children in Y6.
- (iv) Matching pounds £ against dollars \$
- (v) Votes for the nation's favourite animal from a list of 10

There are two bowls of counters: one with 4 red, 2 blue, 1 green, 1 yellow, and the other with 3 red, 2 blue, 2 green, 1 yellow.

Sketch two pie charts, one for each bowl to show the proportions of different colour counters.

PSHE - feelings and emotions

This week we are looking at feelings and emotions. There have been many new changes to our lives over the past few months (and there are more changes to come as you move forward in your journey through school). These have - and will - bring a whole range of emotions and feelings both to you and those who care for you.



PSHE Activity 1 - different feelings and emotions

You have 2 minutes to write down as many different feelings as you can. Get the timer ready.....andGO!

PSHE Activity 2a - Emotions Thesaurus

Look carefully at your list. Can you quickly add any more?

Now try to group the feelings into similar emotions. Can you find all of the feelings that describe being happy? sad? worried? Perhaps use a different coloured pencil to circle similar emotions, or rewrite them in a list.

As you do this, you might think of more to add!

Emotions Thesaurus Vocabulary Grid

content	glad	joyful	cheerful	elated	depressed	gloomy	miscrable	cheerless	heartbroken	repelled	revolted	sickened	repulsed	nauscated	
jovial	overjoyed	thrilled	ecstatic	delighted	shattered	demoralised	gutted	crushed	devastated	shocked	appalled	distaste	horrified	loathed	
on cloud nine	pleased	gleeful	jubilant	upbeat	tearful	unhappy	dejected	blue	despondent	disliked	horror -stricken	aghast	offended	outraged	
					glum	pitiful				grossed out	put off				
annoyed	irritated	fuming	livid	cross											
irate	frustrated	enraged	outraged	infuriated	astonished	astonished dazed shocked alarmed stupefied							Нарру		
incensed	agitated	furious	upset	bitter	shaken							Angry			
raging	raging exasperated s				stunned	flabbergasted	thunderstruck	speechless	taken aback			Scare	d		
	•								Sad						
uneasy	terrified	alarmed	startled	anxious								Surpr			
upset	panicky	worried	afraid	distraught	Disgusted										
troubled	in a state	petrified	fearful	frightened	twinkl visit twinkl.com										

PSHE Activity 2b - Emotions Thesaurus

Compare your groups to the Emotions Thesaurus above.

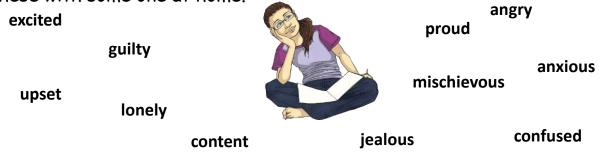
Create a list of words for 1. bored

- 2. mischievous
- 3. proud
- 4. excited

You might want to use a thesaurus or ask a grown up for their ideas too.

PSHE Activity 3 - When did you last feel

Let's think about our emotions and try to recall a time when we recently felt the different feelings below. Jot down a time you can remember feeling like this and what caused that emotion. You might want to share these with some one at home.



We all experience emotions and different things trigger different feelings in different people. What makes one person feel proud might not make someone else feel that way and something that angers one individual simply might not bother another.

It is important to remember that what others feel and experience is real to them, just as our emotions are real to us. And, although the triggers might be different, the feelings can be very similar.

Mental wellbeing

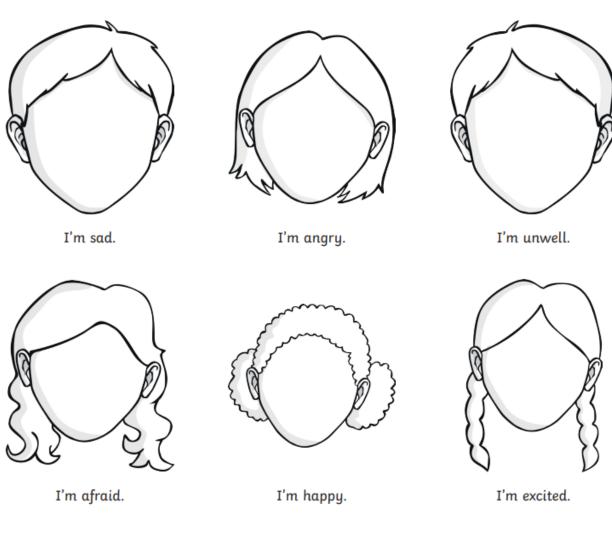
Mental wellbeing refers to our feelings and thoughts. Our feelings and thoughts are our mind's way of letting us figure out what is going on in our lives and how to react or respond; they can be positive and negative. It is important to look after our mental well being, whether we are young or old.

One thing we can all do to improve our mental wellbeing is become familiar with different feelings and emotions and learn to describe them. Being aware of how we feel can help us to make the correct choices of how to deal the thoughts and actions that are linked to our emotions.

PSHE Activity 4a - Recognising and describing our feelings

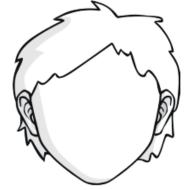
For most people, their emotions are shown by their facial expressions

Using the outlines below, draw the facial expression for each emotion. There are two blank faces for your own choice of feelings. You may need to look in a mirror or ask someone at home to show the emotion using their facial expression to help you.



Think about how the shape of the eyes, eyebrows and mouth changes for each emotion.





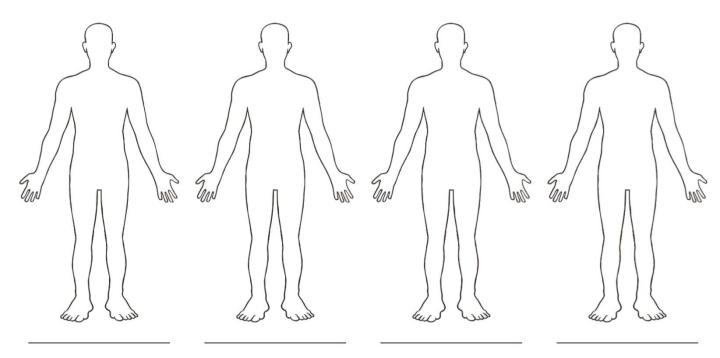


PSHE Activity 4b - Recognising and describing our feelings

Sometimes it can be useful to identify an emotion you are experiencing and label it in some way. Some people like to do this using colours.

Using the outlines below, choose four different emotions and colour areas of the body that you feel these feelings, in the colour you associate with that emotion. Perhaps choose two positive and two negative feelings.

The colours we link to emotions, and where we feel these emotions in our bodies, might be different for everyone - there is no right or wrong here!





ANSWERS Maths Activity 1a - ten in ten ©

- 1) 186 437 3<u>6 2</u>08 = 150 229
- 2) 3612 ÷ 12 = 301
- 3) $5^3 = 125$
- 4) 45.6 12.05 = 33.55
- 5) 20% of 3400 = 680
- 6) $17.6 \times 8 = 140.8$
- 7) $13.451 \times 1000 = 13.451$
- 8) $\frac{1}{5} \div 8 = \frac{1}{40}$
- 9) $25 \div (12 7) = \frac{5}{5}$
- 10) 65% of 4000 = 2600

Challenge

- 11) How many seconds are there in 6 minutes? 360
- 12) How many hours are there in 5 days? 120
- 13) If n + 75 = 400, then n = 325
- 14) What is the size of **ONE** of the angles in an equilateral triangle? 60°
- 15) $\frac{5}{7}$ of 6300 = 4500

ANSWERS Maths Activity 1b ** and ***

Interpreting pie charts

- 1. Walking is the most common way to come to school for each age group.
- 2. Bike, because nobody from that Year group cycle to school.
- 3. More Year 2 children walk to school; slightly lower proportion of the pie chart but a larger number of children.

4.

	Year 2 children	Year 6 children
Walk	15	12
Bus	3	2
Car	12	3
Bike	0	6
Scooter	6	1

Challenge

150 walk:
$$150 = \frac{5}{8}$$
 of 240

15 scooter:
$$15 = \frac{1}{16}$$
 of 240

30 car:
$$30 = \frac{1}{8}$$
 of 240

15 bus:
$$15 = \frac{1}{16}$$
 of 240

30 bike:
$$30 = \frac{1}{8}$$
 of 240



ANSWERS Maths Activity 1c - Check your understanding

Match each data set (i to v) to the best way of displaying it (a to c).

- a. Line graph b. Bar chart c. Pie chart
- (i) Favourite songs chosen by Y6 from a list of 8 songs Bar chart.
- (ii) Converting pints to litres Line graph.
- (iii) Hours of homework done each week by children in Y6. Bar chart or pie chart.
- (iv) Matching pounds £ against dollars \$ Line graph.
- (v) Votes for the nation's favourite animal from a list of 10 Pie chart or bar chart.

There are two bowls of counters: one with 4 red, 2 blue, 1 green, 1 yellow, and the other with 3 red, 2 blue, 2 green, 1 yellow.

Sketch two pie charts, one for each bowl to show the proportions of different colour counters.

